

## **SAFETY RULES FOR "ESENA HILL" ROPE TRACK**

- **Before entering the track, the participant is obliged to listen to the safety briefing and sign the security regulations.**
- **Enter the track and use it only when wearing and using appropriate and complete safety equipment, and with the instructor's permission.**
- **It is forbidden to arbitrarily regulate, release or otherwise affect the position of the safety equipment used by the participant, unless such order is given by the instructor.**
- **Hair, clothing and equipment must be arranged in such a way that they cannot get caught in one of the track structures or interfere with yourself and other participants.**
- **Only one participant may be present at one stage of the route (from one anchorage to the next), and no more than 2 participants per one intermediate platform (small).**
- **The downhill run stages may only be entered when the participant has made sure that the run stage is free - the previous participant has completed the run and is in a stable position on the platform or has entered the next stage of the track, and there are no other obstacles that could interfere with smooth downhill run (no impertinent items on the rope, etc.).**
- **Inventory and track elements should only be used as intended.**
- **Do not deliberately delay the movement of yourself and other participants.**
- **It is forbidden to use the track for persons under the influence of alcohol or other intoxicating substances.**
- **It is the responsibility of each participant to inform the instructor of existing or potential health problems resulting in the instructor making the decision regarding participant's compliance with the expected physical load.**
- **Each participant is responsible for his or her state of health.**
- **In the event of any confusion or problem with regard to the inventory, state of health (feeling well) or using the track, the participant should stop and contact the instructor.**
- **If the participant fails to follow the instructions, the instructor has the right to prohibit the participant from continuing on the track.**
- **If the participant decides not to continue on the track due to personal considerations, there is no refund of the entrance fee.**